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Whats in a Kiss

By Bud Smith

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by: **Bud Smith**

Just think of being in front of a warm crackling with you partner in your hands, with a kiss and a cuddle. But have you ever thought about why people kiss? It could be a greeting or a sign of affection, but we all kiss.

Origin of the kiss

The strangest theory on the history of the kiss that I have heard finds its roots in the age of the cave man. It is thought that in primitive times that a mother pre-chewed the food for her baby and transferred it 'in a kiss'. Although this could never be proved, it would explain why the kiss is a sign of affection, between mother and child and latter, adults.

Another theory that I found was that the kiss was reflected in the Ziller Valley of Central Europe, where the exchange of pre-chewed tobacco between a male and a female was common. The young man would let a tip of the piece of tobacco, or spruce resin, etc rest between his closed teeth and invite the girl to grasp it with her teeth -- which of course obliged her to press her mouth firmly on that of the young man -- and pull it out. If a girl accepted the wad of pre-chewed tobacco, it meant she returned the boy's love.

The third theory that I found was from a religious or sacred origin. There have been examples from around the world as early as 2000 BC, that show that people could have brought their faces together to symbolise spiritual union. Even in the culture of Indians, it was believed that the exhaled breath was part of the soul, and by two people bringing their mouths together, showed the joining of their souls. (Another variation on this believed that kissing evolved from the smelling of a companion's face as an act of greeting.)

Kiss through history

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Even without fully knowing where the kiss came from, it is well known that the kiss has been with us for a long time.

In the sixth century in France, dancing was one way to display affection, but every dance was ended in a kiss.

Apparently, Russia was the first to incorporate the kiss into the marriage ceremony, where a promise was sealed with a kiss.

The Romans kissed to greet each other. On Roman emperor showed a persons importance, by what part of his body they were allowed to kiss, from the cheek to the foot.

In 16th century England, the clove–studded apple originated. An apple was prepared by piercing it with as many cloves as the fruit could hold and then a maid then carried the apple through the fair till she

spied a lad she thought worth kissing. She would offer him the apple, and once he'd selected and chewed one of the cloves, they would share a kiss. After that, the apple passed into the man's possession, and he would venture off in search of another lass to continue the game with.

At one stage it was even thought that people found kissing pleasurable because when the two lips met during kissing, an electric current was generated.

A kiss is a kiss

Now days, kisses range from small pecks on the cheeks as a greeting, to an the use of the lips and tongue as a sign of passion. It is that action that when two people embrace, causes hormones are released into the blood stream, inducing a sense of euphoria that you feed in the sweetness of your lovers mouth.

It's a kiss that brings every fibre of your being alive, turns your stomach over, sends Goosebumps up your spine. It's a kiss that forgives your misdemeanours and smiles at your mistakes. Ingrid Bergman puts it together in that "a kiss is a lovely trick designed by nature to stop speech when words become superfluous".

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The Art Of Kissing

By Sayan Liyanage

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Kissing is something that I could talk about over and over again and never get bored. What can I say, I love to kiss? Nothing is better than a good kiss. Nothing makes the birds seem to sing louder, the grass seem greener than a great kiss. We have talked in past articles about kissing, but not really too much about methods. You aren't born a good kisser. The only thing that will help you is education and practice. I'm sure glad there are things like kissing to practice in life, life would have been boring if all it was, was geometry. Let's talk about different ways that you can kiss. Take some notes and practice on your woman. She will love the new attention.

First there is the domination. We all have seen those WWII clips of them men coming back from battle and kissing their wives. This is a kiss with some power behind it. It can say many things.

A kiss like this will knock her off of her feet. Maybe you might use this kiss if you haven't seen her for awhile. You might use this kiss if you are very horny and can't contain yourself any more. We all have had those strong moments where we feel like we have to kiss someone. We need an outlet for all the sexual frustration that we are feeling. The great thing about a kiss is, it is easy and fast too do. You can get your sexual frustration out without having to take off your clothes. The element of surprise is what makes a woman the wettest. This isn't a kissing technique per se, but you will get the drift.

While you are kissing her, roam her body with your hands. Explore every area that you can. This will make her go crazy before you can even begin to think about what your next move is. I can't tell you enough how important this is. Before you give your woman a kiss, make sure your breath smells okay. Don't go kissing her if you just ate a tuna on rye sandwich. If you are in doubt, go brush your teeth. You don't like it when she has shit stuck in her teeth that fall into your mouth.

Lets talk more about kissing and not the do's and don'ts. The explore kiss. This is where you spend some time getting to know her mouth. This is a fun one from time to time. It shows that you are interested in her. You are learning new ways to excite her. This can be good for both of you. Good for you because you will learn new things that turn her on. Great for her because she will think all this time you are spending on her is great.

The peck before bed. You know you aren't getting laid when you get that little peck before she rolls over in her flannel night gown. It doesn't have to be such a little innocent kiss. Instead, look into her eyes when she gives you that little peck. Run your fingers through her hair and tell her that you love her. This will give her sweet dreams all night long.

Just like the peck before bed, turn that peck before you leave for work into something special. Tell her

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that you will be thinking about her all day long while at work. Look her in the eyes and smile when you say it. This will keep her waiting for when you get home. You can also use kisses to see where she is at sexually. If you are turned on but you are not sure if she is, kiss her and find out. Give her a long slow kiss, if she comes back wanting more, than you know you are going to score in the sack. If on the other hand after you are done she is talking about he bills you owe that month, you aren't getting laid

tonight.

You may not know it, but a kiss holds a lot of power to a woman. With the right kiss you can make her go from undecided to a horny vixen when it comes to sex. If you aren't sure that you will get laid, a kiss is a good way to test the waters. A kiss can also be a way to show affection. If you just want to show that you love her and are thinking about her, a great way to show it is a little peck. This will make her feel warm and fuzzy inside and know that you care.

Kissing shows interest. It maybe sexual or just love, but it does it all the same. Your woman will respond to this the same way time and time again. She will be happy to feel your lips on hers. Don't forget, you can never get too many kisses in your lifetime.

Sayan is a professional in online dating and relationship industry. He's specializes in working with singles that want to create lasting, intimate relationships. He's a young professional who runs his own dating site at www.total-dating.com

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