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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

When Whitening Whitens Not

By William Teleo

Teeth whitening, tooth whitening, and laser teeth treatments — everybody seems to be after whiter

teeth. From teenagers who can't even afford the treatments to baby boomers who've had too much smoke and drink, whiter teeth seem to be the order of the day. The variety of teeth bleaching options available today only serves to heighten the hype. While there are those that are dentist-dispensed, more are available in drug stores without prescription. Consequently, anybody can buy and use them. But despite the availability of these whitening systems, there are restrictions and people who are not fit to use them.

Children aged below 16 are not advised to use these bleaching products. Their gums are still soft and the nerves of their teeth are very sensitive due to the enlargement of their pulp chambers. Bleaching or undergoing any teeth whitening, tooth whitening, and laser teeth treatments may do their teeth more harm than good. Also, pregnant women and those who are lactating should avoid teeth bleaching. Chemicals used in these preparations can cause unforeseen effects on the unborn babies and the ability to produce milk. People with sensitive or delicate teeth should avoid the procedures as well. Undergoing bleaching can aggravate the problem of their teeth and increase sensitivity. Most of these preparations contain peroxide and other like substances as bleaching agents, therefore, people with allergy to peroxide should avoid using teeth bleaching agents. Due to the risk that these bleaching agents may irritate gums and teeth nerves, individuals suffering from gum disease and tooth decay are discouraged.

If there are people that should avoid whitening treatments, there are also those who undergo treatments which have diminished efficiency. Dentists generally agree that most whitening systems work best for people with yellowish teeth. Dark or excessively stained teeth manifest little or no improvement at all after undergoing teeth whitening, tooth whitening, and laser teeth treatments. Dark stains are usually classified as being brown, gray, or purple tinted teeth. These are usually caused by excessive smoking and consuming staining food and drink. People with teeth colored like these may opt for other procedures other than whitening. Less success is also observed in individuals who have had their teeth restored, either by filling or crown restorations. Substances used in these restorations have no enamel content which don't whiten like teeth. Therefore, attempts at whitening systems only result to uneven and patched coloring. There is even the chance that the chemicals may discolor or

weaken the restoration.

But there are still hope for persons who are not suitable for the newer teeth whitening, tooth whitening, and laser teeth treatments. They can still have lighter teeth by undergoing the more traditional veneers, crowns, and bonding procedures. Discussing these options with the dentist open new, practical, and more effective whitening solutions for stained teeth.

For more valuable information on whitening teeths, please visit

<http://www.whiteningteeths.com>

What Is Tooth Whitening? How Teeth Whitening Works?

By Paul Cris

Teeth Whitening: The process wherein the color of the teeth is lightened is called as tooth whitening. There are various reasons for teeth getting discolored. The main causes are stains of tea, tobacco, coffee, antibiotics etc. These can be removed by tooth whitening. People who have sensitive teeth should not use teeth whitening. People with sensitive teeth would have more problems if they use teeth whitening solutions.

There are many tooth whitening treatments available, some of them are:

- 1) **Bleaching kits:** Tooth bleaching solution is applied to the mouth tray and it is inserted into the mouth. After an hour or two or as mentioned in the kit the tray is removed. Most of them work for an hour. The solution contains peroxide, which bleaches the enamel. The carbamide peroxide content in the solution is normally of ten, sixteen or twenty two percent. Some bleach is used twice a day for two weeks while others are used overnight for 1–2 weeks.
- 2) **Laser tooth whitening:** A solution is applied on the teeth. A wall made out of rubber is placed on the teeth and the laser is directed towards the teeth and the heat generated enters the teeth through the solution and the treatment takes an hour or so. After the treatment is completed you can see the changes.
- 3) **Whitening Toothpastes:** These toothpastes have special chemicals that remove the stains. The main advantage of the whitening toothpaste is it does not change the natural color of the teeth. Colgate Simply White Advanced Whitening Toothpaste is recommended.
- 4) **Tooth whitening strips:** These strips are placed on the teeth and are removed after 30 minutes. These are very effective and are recommended. They also contain peroxides.

If the above mentioned ways of treatment are done properly then there won't be any problem. There is no long-term data on safety of these tooth-whitening treatments.

Paul has been providing answers to lots of queries through his website on a wide variety of subjects

ranging from satellite phones to acne. To learn more visit

<http://www.askaquery.com/Answers/qn602.html>

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