

This Free E-Book is brought to you by Natural-Aging.com.

100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

When Your Teenager Is Out Of Control: Troubled Teen Programs

By Paolo Basauri

Introduction to Troubled Teen Programs

More than ever, teens today are facing an uncertain future. With political instability across the globe and unrest in local communities, it's no wonder that our teens are confused and scared about their place in the world. Just as they are trying to find their own adult identity, the teenage body is hit with an influx of hormones and unsettling emotions that they don't know how to control. Because of this, teenagers are particularly susceptible to conditions such as depression, oppositional defiant disorder (rebelliousness) and numerous personality disorders. Adolescent frustration can easily lead to behavioral problems, if the teen doesn't receive appropriate counseling. Troubled teen programs exist to provide such counseling, and intervene before troubled teens can damage their future irrevocably.

Who Can Benefit from Troubled Teen Programs

Many teenagers can benefit from the variety of troubled teen programs that are available. Whether you're teen is overtly rebellious, experimenting with drug use or promiscuous behavior, or has had trouble with the law, troubled teen programs can provide the tools to set your teenager on the right path. Troubled teen programs can reach your troubled teenager by teaching them to respect themselves and others, offering relatable testimonials and providing an objective outlook on how your teen functions. Whatever problems your teen may be facing, such as alcoholism, insecurity, or apathy, troubled teen programs can renew a positive outlook on life. These programs will help your teen, and your entire family, by bringing you all together.

Types of Troubled Teen Programs

There are many diverse troubled teen programs to address the many problems facing teens. Finding the program that best suits your teenager's needs is key to helping them out of their problems. Some typical troubled teen programs include:

* Residential programs - Similar to boarding schools, residential teen programs require the teen to live at the program facility. Residential troubled teen programs are especially helpful for teens that have been expelled from public schools or need a great deal of supervision. Residential programs can be

When Your Teenager Is Out Of Control: Troubled Teen Programs

general or cater to specific problems such as drug abuse.

* Wilderness programs - Wilderness troubled teen programs take the problem teenager out of the confusing modern world and bring them back to the basics. Removing the teenager from the influences of bad company, computers, cell phones and modern conveniences, allows wilderness programs to access the root cause of the teen's issues.

* Boot Camp/Military School (

<http://www.militaryschoolsboys.org/>

) - There are a number of troubled

teen programs that utilize the military approach to treating problem teens. Focusing on discipline and respect, boot camp style programs can build the character of a troubled teen while allowing him to gain much-needed self respect.

Where to Look for Help in Finding Troubled Teen Programs

Because each program is unique, it's important to carefully investigate your options before deciding on the program that is right for your troubled teen. Many programs can be investigated via the internet. Once you locate a program or programs that may be right for your teen, contact each organization to discuss your specific issues.

Paolo Basauri is an expert author who writes for

<http://www.help-for-troubled-teens.org/>

I've Learned To Love Teen Art

By Martin Stoleman

I have loved art for as long as I can remember. As a child I spent hour after hour doing art projects of all kinds with my mother and my siblings. We would paint, practice sewing or create things out of clay for hours on end. I never knew that the amount of art projects we worked on was abnormal until I got a bit older and heard all of my friends and school talking about their years of playing with trucks and action figures or being outside building forts. I guess our mother wanted us to be well rounded individuals so she started us on all things art from the start. I don't remember exactly what kind of teen art I created during my formative years, but I do know that it wasn't until recently that I learned to appreciate teen art.

To the surprise of no one that I knew, I decided to become an art teacher when I went to college. I loved art so much that I couldn't think of a better way to spend my days than on teaching children and teens more about the things I loved. I enjoyed my elementary aged students immensely from the

When Your Teenager Is Out Of Control: Troubled Teen Programs

beginning. I loved their curiosity and I enjoyed the way they saw art. It was the teen art that my junior high aged students were creating that took me a while to adjust to.

The thing about teen art is that it is less than traditional and often it needs to be classified outside of any established genres of art. The teens in my art classes saw art in a much different way than I expected, and hence their work was much different as well. I would give them an assignment and they would create work so unlike what I had asked for and yet so creative that I couldn't complain.

I have realized that teen art needs to be a genre of art all by itself. Why? I've determined that teen art is so unique because of the time of life that it represents. Teens are going through the ultimate time of transition, so it makes sense that their art would have a particular perspective and slant. And as different as teen art can often be, I have learned to appreciate it. I have learned to see it through the eyes of a teenager exploring the world and trying to make sense of their place in the world.

If you have a teenager who likes to play around with any art form, then you probably know exactly what I'm talking about with teen art. In fact, you've probably had similar issues in trying to recognize, define or categorize the art work that seems to make your teen come alive. My advice to you is this: teen art is something entirely of its own kind. Stop trying to make teen art into something else, and instead just enjoy it for what it is.

Martin Stoleman is an elementary and junior high school art teacher. He loves working with students and seeing what kinds of teen art they will come up with next. See

<http://www.teenarthub.info>

for more

details.



This Free E-Book has been brought to you by Natural-Aging.com.

[100% Effective Natural Hormone Treatment](#)
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!