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Where To Find The Best Destinations For White Water Kayaking

By Niall Barco

Whitewater kayaking has many excellent destinations around the world for both new and

experienced kayakers. The eastern United States has some of the best whitewater conditions you can find.

If you are an experienced kayaker, you probably already know that the eastern United States is one of the best places for whitewater kayaking. The world has many places that are renowned for great kayaking, but the eastern U.S. has several awesome places for professionals and newcomers. Here is a list of excellent destinations for whitewater kayaking. You might want to write them down because they are incredible. Do not miss out!

Hudson River

Acadia National Park

Champlain

Pine Barrens, NJ

Oswegatchie River

Allagash Wilderness Waterway

Adirondack Park

You might have heard of some of these places. Each is famous throughout the world for kayaking adventures. Classes are available if you are not at ease with the whitewater experience. By taking classes before going out, you will discover that kayak success has a lot to do with confidence.

Many people fear whitewater rafting. The same people compare rafting and kayaking, but each sport is totally different. If you are such as person, it is essential to know the major differences between the

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sports. Many people believe that whitewater kayaking is much more fun than rafting. Take a risk! Find out on your own! It is not dangerous. If you are not confident in yourself, you can simply have an instructor or a professional go into the rapids with you.

Whitewater kayaking can be done in either hot or cold weather. If you have a wetsuit, you can enjoy the kayaking season all year long! Consider these great kayaking destinations and go to one yourself! They will impress you greatly when you arrive.

You will soon be enjoying the incredible thrills and highs of kayaking on the rapids.

You can find great deals, tips and news, information and reviews to help you enjoy

whitewater

kayaking

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Flatwater kayaks

By Jakob Jelling

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Flatwater kayaking is easier and better to learn than any other type of kayaking.

Flatwater kayaking is the type of kayaking that you should start with if you're new to the activity. Flatwater kayaking can take place on almost any body of water so long as it is an area that is sheltered from the wind and any major waves. This is also the safest type of kayaking since it generally only takes place during calm conditions when there are no major obstacles to make kayaking difficult.

Tours are very popular for people who want to participate in flatwater kayaking. Generally, these tours either take place on a river or in a sheltered bay. If you're going on a flatwater kayaking tour, you'll likely get to see some beautiful areas, and you may even get to see wildlife in the area that you're kayaking in. If you're thinking about going on a flatwater kayaking tour, the most important thing that you should consider is where you want to go – and make sure that you set aside enough time for the kayak tour!

Since flatwater kayaking is the easiest type of kayaking, this is the type of kayaking that you will learn first. Not only that, but you do not need very much experience kayaking in order to be able to flatwater kayak proficiently. If you're looking for an activity for the whole family that can be learned easily, flatwater kayaking on a lake or calm river is it.

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Flatwater kayaking also does not need very specific types of kayaks. Since the water is calm, you don't need to worry about finding a particularly sturdy kayak. (While it is always important to make sure that the kayak you are using is safe, you do not need the same type of kayak that is used for whitewater kayaking).

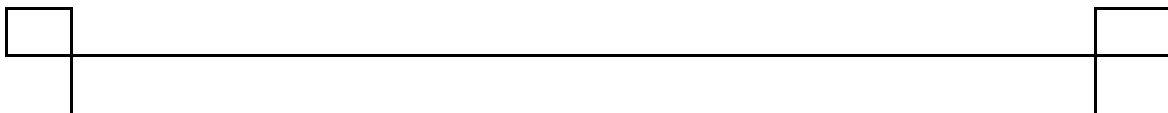
Since flatwater kayaking is a much safer activity than whitewater kayaking, or kayaking through rough water, it's more common to see two person kayaks instead of just the one person boats. These kayaks are fun for kayak tours, since you'll be able to talk about what you're seeing with another person as you go. Other types of kayaks that are used for kayak touring are designed so that instead of sitting inside of the kayak, you sit on top of it.

No matter what type of kayaking you intend to do in the future, flatwater kayaking is where everything starts. In fact, if you're going to learn how to whitewater kayak, you're going to need to learn flatwater kayaking first. Since this is such an easy activity to learn, you won't have to worry about the rest of your family, either – instead, you'll be able to bring them flatwater kayaking with you!

Jakob Jelling is the founder of <http://www.kayakhelp.com>. Please visit his complete kayaking guide for all skills and ages.



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