

Which Of These Body Hair Removal Methods Is Best For You?

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Which Of These Body Hair Removal Methods Is Best For You?

By Denise Sears

There are many techniques for body hair removal on the market. People are always looking for the best way to rid their bodies of unwanted hair.

Some people find a method that works and stick to it while others feel they have tried everything and nothing is getting the job done. The first step in finding the body hair removal method best for you is to understand the different methods and how they work.

The best known and used form of body hair removal is shaving. This involves using a razor and some sort of shaving cream or lotion. This method is easy to do and relatively inexpensive. It works by cutting off the hair at the surface of the skin.

Body hair removal by a razor will grow back rather quickly and sometimes hair is cut unevenly. A common issue with shaving is razor burn or rash, also cuts. The best way to avoid problems with shaving is to use a cream or lotion and make sure the razor is gliding over skin evenly and smoothly.

Shaving has to be done often as hair grows back rather quickly in most people. Shaving is good for large areas of hair removal or small areas of body hair removal.

Pulling out hair with tweezers is another method. This method of body hair removal is also inexpensive and easy for one to do themselves. Tweezing involves pulling the hair out of the skin, root and all.

It can be painful and can be time consuming if removing a large area of hair. All that is required is good lighting and a pair of tweezers.

Irritation is the most common complaint. This can be eased by applying ice to the area before plucking. The effects of tweezing last for a while since the hair is removed at the root. Tweezing is best for small areas of body hair removal.

Waxing is another popular form of body hair removal. Waxing can be done for small or large areas of hair. It basically involves applying a wax substance, which can be made of natural products, to the skin

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and then rubbing a cloth strip over the area.

The cloth is then ripped off, removing the hair follicle with it. This method is rather painful, but does not have to be done often.

Depilatories are a body hair removal method where a cream is used to dissolve the hair. This can become expensive if doing often over large areas.

Using this form of body hair removal is simple. All a person does is spread the depilatory over the area of hair to be removed, wait's a certain amount of time and then rinses the cream off.

Some people experience irritation if the cream is left on too long, so checking a depilatory before use is important. The effects of a depilatory last longer than shaving, but not quite as long as waxing.

A suggested website for more information is:

<http://skin-care-gold.com>

Electrolysis is a permanent method of body hair removal. It needs to be done by a professional. Electrolysis involves applying electrical currents to the hair roots, which makes the root unable to produce hair again. It is a tedious process and for large areas can take hours and be quite expensive.

Personal preference plays a big part in the choice an individual makes. The preference of how often, pain and time all go into what method a person chooses. It is an individual choice, but understanding a little about body hair removal methods can help make the choice easier.

Denise Sears is a beauty and skin care writer who helps people learn about tips they can use. She is a contributing author at

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For more of her work go to:

<http://4beautytips.com>

Undergoing Laser Body Hair Removal

By Jeff Jefferson

Laser body hair removal works better than most of the other methods out there mainly because it is not only painless but lasts far longer than others.

This is because it works by removing the hair from the very follicle, thereby prolonging the time it will take to grow back up again.

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While laser body hair removal method is one of the best ways of removing unwanted body hair, it is important for you to know some facts before going ahead with it.

This fact is the high cost of laser body hair removal.

It is not at all cheap to do laser body hair removal. The cost is what usually scares people off, despite the benefits. Many people don't have the kind of money required for laser hair removal.

For example, for you to remove facial hair, you will undergo series of treatments. In some places, these series of treatments could cost upwards to \$1,000. There are even other types of laser body hair removal that costs as much as \$2,500 dollars or more.

Many people find it very hard to cough out this amount of money for laser body hair removal, despite the advantages it has over other methods of hair removal.

So, if you are considering laser body hair removal, it is important for you to make sure you have the money to pay for it before contemplating it. You could also look around for the cost effective place to undergo your laser body hair removal.

To make you feel better when paying the huge amount of money for laser body hair removal, you should know that it can last up to six to twelve months before you need another one. So, if you add up the cost you usually spend to remove your hair every week or month, it could be as much as the single laser hair treatment that will last you for many months and even up to a year.

Jeff Jefferson

<http://laser-hair-removal-los-angeles.info>

<http://cheap-laser-hair-removal-cost.info>

<http://laser-hair-removals-ny.info>

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