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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Who Needs Prayer?

By Kenneth Dean Brown

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According to the old Baltimore Catechism, formally used to teach generations of Catholic children their faith, prayer is defined as "the lifting up of our minds and hearts to God to adore Him, to thank Him for His benefits, to ask His forgiveness, and to beg of Him all the graces we need whether for soul or body." In short, it is our conscious and heartfelt communication with our God. Simple, right? Of course.

Yet, past the basic textbook explanation, what is prayer – really, and why does it matter? In other words, who really needs prayer?

We do!

One of the greatest advantages of believing in a true living and personal God as opposed to some remote and aloof "cosmic entity" is prayer and that we can have a real and meaningful relationship with him. In fact, it's that personal relationship with our God that truly defines our faith. The New Catechism of the Catholic Church, describes this relationship called prayer like this.

PRAYER IS A GIFT

All we have to do to realize the great gift prayer really is is to look around honestly at the immensity and perfection of God's creation. Modern astronomers and physicists remind us daily just how truly insignificant man is in the universe, yet our God allows us and even begs us to communicate with him.

How cool is that? Prayer is easily one of the greatest gifts we could ever imagine.

PRAYER IS A COVENANT

According to the New Catechism, "Christian prayer is a covenant relationship between God and man in Christ." Our prayers are a key element in the contract we as Christians personally enter into with God at our baptism.

Throughout the bible, God repeatedly teaches if we honor, trust and obey him, "he shall be our God and we shall be his people." In the New Testament, our Lord tells us to pray unceasingly and to seek

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God constantly in all things. In other words, we as Christians are actually commanded to live our lives in an endless state of prayer as part of our contract with our God.

And finally...

PRAYER IS A COMMUNION

When we pray, we spend time with God, and it's through this continual and intimate time spent in his presence, that we come to personally know him. Simple common sense tells us that to really know someone, we have to spend time with them and our relationship to God is no different.

We also spend time with those we love. And as with any person in our lives, we cannot truly claim to love Jesus and desire to be like him without desiring also to be with him. This special time spent with

our Lord is prayer, and through its grace we fulfill his command to us to be one with him as he is one with the Father. And since this is the ultimate goal of our Christian walk, prayer then, is absolutely essential to our spiritual growth and journey.

Who needs prayer? WE ALL DO!

It's God special gift, allowing us sinful and cosmically insignificant creatures to communicate personally with the all-powerful Creator as a child converses with a loving parent. It's part of our covenant with Him, a personal communion allowing us to be with Him and spend time in His presence until our death when, through His saving Grace we hope to be truly united with Him in heaven for all eternity.

So pray often and in everything you do, and remember, "with God, all things are possible." Without him, nothing is.

Kenneth Brown publishes "The Prayerful Solution, a free monthly Catholic ezine of Catholic novenas, screensavers, desktop wallpaper, and featured Catholic art and ebooks. To check out his free ezine and other content by this author, go to: <http://www.prayerstillworks.com>

Continue in Prayer

By Angelique Watkins

Continue in Prayer by Angelique Watkins

Something that I wanted to share on Prayer that I once read especially after reading this "God's Heart is aching."

Prayer lifts heavy loads from our hearts. Prayer gives us courage to go on when the way looks dark. Prayer opens doors and melts hard hearts. Prayer changes lives and wins souls. Prayer brings response from God.

Who Needs Prayer?

Prayer is not a duty to be performed; it is a privilege to be used and enjoyed. It is the talking over of life's problems with one who has power to solve those problems.

Prayer is an obedience of confidence in God. Prayer is an expression of our conscious need of God. Prayer is an act of obedience. Satan will keep us from praying if he can.

Psalms 34:10 "They that seek the Lord shall not want any good thing."

James 4:3 "Ye ask, and receive not, because ye ask amiss, that ye may spend it in your pleasures."

Jesus went aside to pray. If HE felt a need for talking to God, how much more do we need that strengthening fellowship!

Matthew 7:7, 8 "Ask, and it shall be given you; seek, and ye shall find; knock, and it shall be opened unto you; For every one that asketh receiveth; and he that seeketh findeth; and to him that knocketh it shall be opened."

Independent Home Based Researcher, Writer and Life Enrichment Advocate. Israel, Messianic, News From PacRim and Arab Ministries Fellowship.



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