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**100% Effective Natural Hormone Treatment**  
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**Impair Healthy Healing In People Over The Age Of 30!**

**Why Become A Donor?**

**By News Canada**

**Why Become A Donor?**

by: **News Canada**

(NC)—Young or old, rich or poor, any one of us might one day get the chance to save or enhance someone's life by becoming an organ or tissue donor.

Your gift might give one of the thousands of Canadians desperately waiting for transplants a second chance—the chance to be healthy again and to enjoy all of life's simple pleasures.

Your gift could also help partially console your family at a time of terrible loss; it might provide them with some sense that their loved one's death was not in vain. It is a great way to preserve their memory and give their untimely death some meaning.

Donated organs come from a number of sources:

Those who donate an organ—usually a kidney or part of a liver—while still living a healthy life (living organ donation).

Those who have suffered tragic, often sudden "brain death," but whose vital organs are maintained artificially by a ventilator (cadaveric organ donation).

Those who have died from causes other than primary "brain death" (tissue donation).

Living donation is becoming increasingly popular as a way to close the gap between the number of people on transplant waiting lists and the number of available organs. Cadaveric donation is, however, still the most common source of organs for transplants. Organs from non-breathing cadaveric sources are not currently used.

For more information on organ and tissue donation and how you can donate, visit

## Why Become A Donor?

[www.healthcanada.ca/organandtissue](http://www.healthcanada.ca/organandtissue)

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### **Three Simple Steps To Becoming An Organ And Tissue Donor**

**By News Canada**

Step 1: Decide to become a potential donor.

Decide to become a potential organ or tissue donor no matter how old or

young you are. There are documented cases of a 90-year-old liver donor and a 102-year-old corneal donor.

Get the facts on organ and tissue donation and tell your family why being a donor is so important to you.

Assure your family that this discussion will make it easier for them to carry out your wishes in the future at a time when they may be overcome with emotion.

## Why Become A Donor?

Step 2: Register or sign up to become a donor.

In Canada, the procedure to register consent for organ and tissue donation varies from province to province. Some provinces use Donor Cards or Driver's Licences, some use Health Card stickers, several have computerized Organ Donor Registries.

Step 3: Tell your family your wishes.

Tell them why being a donor is so important to you. Discuss your decision with you family.

Step 4: Ask your family to support your decision.

If you die suddenly from a severe brain injury, your family may be approached about organ donation. In most provinces, doctors will not collect organs and tissues without the permission of the donor's family—regardless of whether or not your desire to donate was properly registered. This is why discussing your decision with your family is such an important part of the process.

Find out how your family members feel about donating their organs so that if you ever have to make a decision on their behalf you'll be better prepared to do so. You can send an electronic postcard to your family. Simply visit [www.hc-sc.gc.ca/english/organand tissue/ecard/index.html](http://www.hc-sc.gc.ca/english/organand%20tissue/ecard/index.html)

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