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Why Book Writers Need A Running Mate

By Marvin D. Cloud

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By far, I have found that the lack of discipline is the biggest hindrance for most people, when it comes to writing a book of any kind. Although I urge you as a would-be writer to develop a theme because once you are clear on "why" you want to write a book, your motivational level will shift into a higher gear, I also urge you to get an accountability partner. This person will be the most important asset you can have as a writer.

However, choose carefully, because the role of the accountability partner is to make sure that you are following your commitment on a daily basis. The partner is responsible for calling, e-mailing you or talking to you by phone or in person every day to check the progress of your book. This person should be gentle enough to keep you encouraged, but forceful enough to not be afraid to chastise you.

In other words, your accountability partner will "hold your feet to the fire" to make sure you keep moving forward. Believe me; this person is worth his or her weight in gold. Why?

Although I promise you that writing a manuscript is easier than you might think—you don't need to be a seasoned writer—it is not the easiest thing in the world to do. There will be plenty of times when you will want to scratch the whole idea. Your accountability partner is your cheerleader, telling you, "We have spirit, yes we do!" and exhorting you on to "V.I.C.T.O.R.Y.," even when it seems like you are in the waning minutes of the game and your team is losing 42-0.

Games are played, one at a time. If you lose today, unless something tragically happens, there will be another one tomorrow. Television's Dr. Phil said, "Everyone wants to be a hero on Saturday. The big difference between winners and losers is that the winners work hard every day to do what it takes to win."

If you fail your writing task today, you can start again tomorrow. However, losing seasons occur when in the end, you have lost more than you have won. Most new writers and seasoned ones as well, don't write as much as they can on a daily basis.

Why Book Writers Need A Running Mate

Even writing part-time, two pages per day is a good start, and more can easily be done if the effort is put forth. However, most of us need that extra push from someone who genuinely cares about us and our project, to keep us in the game. Although it is good to find a like-minded individual, in some ways, your accountability partner's character should be diametrically opposed to your character.

For example, if you know you need a lot of hand-holding, your accountability partner should definitely be a self-starter. If you are a pessimist, your partner should be an optimist. However, if you are an optimist, it is usually better for you not to pick a pessimist for your partner.

By Marvin D. Cloud, founder of mybestseller.com and author of "Get Off The Pot: How to Stop Procrastinating and Write Your Personal Bestseller in 90 Days." Visit <http://www.mybestseller.com> and

grab a free copy of the "Get Off The Pot" newsletter, dedicated to motivating ordinary people with extraordinary stories to write, publish and sell their books faster, efficient, and cheaper.

Part Program Selection on a Fanuc Power Mate with a Selector Switch

By ControlOn

Part Program Selection on a Fanuc Power Mate with a Selector Switch by ControlOn

Synopsis:

Fanuc Power Mate (Models D, F) has an option called "Workpiece Number Search". Using this option, the PMC can initiate the execution of a specified part program. This is especially useful in cases where the Power Mate is used to control special purpose machines that produce a known set of components. Such applications are found in batch production factories.

How it Works:

To synchronize the PMC and CNC functions, there is a communication area in the Fanuc Power Mate where the PMC & CNC exchange signals. These are a set of bytes and there are two areas namely:

- a) The "G" area – signals from the PMC to the CNC
- b) The "F" area – signals from the CNC to the PMC

By selectively loading G009 with a value in the range 1–255, the CNC will execute a program between O001 to O255.

To read the complete article please visit <http://www.controlon.com/resources/default.asp>

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Variety...even children need it

Writers: Top 10 Signs Your TV Interview Is Not Going So Hot!

A Simple Contest with a Strong Message for All Writers: Wake Up Your Writing Spirit

THERE'S NO SUCH THING AS AN ORIGINAL IDEA!

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Write Around The World FREE!

Ebook Authors Interviewed

How To Find A Topic For Your Ebook

How to Gain and Retain More Customers



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