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**Why Drug Companies are Naughty and 5 Remedies to Cure the Symptoms**

**By Laura Turner**

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by: **Laura Turner**

Here's some symptoms giving me trouble:

<http://my.webmd.com/content/Article/95/103442.htm>

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[http://my.webmd.com/content/chat\\_transcripts/1/103031.htm](http://my.webmd.com/content/chat_transcripts/1/103031.htm)

)?

Shall I continue?

Why not... here's more off the cuff musings:

And so I ask you... Do two wrongs make a right?

ability to heal itself. It's just that simple.

Remedy One: Educate Yourself

[http://www.pdrhealth.com/drug\\_info/](http://www.pdrhealth.com/drug_info/)

Remedy Two: Think Complimentary Medicine

Remedy Three: Practice Prevention

## Why Drug Companies are Naughty and 5 Remedies to Cure the Symptoms

Start now. Take a long look at your self. Begin by checking your score on the wheel of life: (

<http://www.onlinewbc.gov/docs/manage/lifewheel.html>

) Are you taking ample time for yourself? Time

Remedy Four: Have Routine Check Ups

Step Five: Live a Healthy Lifestyle

In Closure:

<http://www.new-body-news.com>

) Her latest book: Spiritual Fitness:

The 7-Steps to Living Well is currently available. Learn more here:

[http://www.new-body-news.com/Spiritual\\_Fitness.htm](http://www.new-body-news.com/Spiritual_Fitness.htm)

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### **Cure Arthritis? Right!**

**By Patricia R. Moynihan**

<http://www.dealonbracelets.com>

and get your Free Health Report.

[patricia@dealonbracelets.com](mailto:patricia@dealonbracelets.com)

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