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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Why Everyone Can Enjoy The Cruise Travel Experience

By Mary Hanna

Today cruise travel is not just a travel experience for rich people. Cruisers come in all shapes, sizes, and walks of life. And now, with the abundance of Mega-liners there are many berths (cabins) to fill and deals to be had. Because the ships have become so large and plentiful, cruise lines are very affordable. Usually less than the price of a hotel room which does not include:

- * Transportation
- * Transfers
- * Breakfast
- * Lunch
- * High tea
- * Dinner
- * 24 hour free room service
- * Sports
- * Entertainment
- * Parties
- * Discos
- * Nightclub shows
- * Airfare

So yes, absolutely cruising is a great vacation value. In some cases it is more inexpensive to take a cruise vacation than to take a land vacation. There are many two-for-one and early bird specials if you take the time to look (or have your Travel Agent do the leg work). And if you book a year in advance the savings can be huge. If your schedule is flexible or you live near a port, last minute deals are available. If the cruise isn't sold out, the cruise line will drastically reduce the rate. You will be a revenue source on board that they would not have had if the cabin remained empty.

Here's a cruise tip, you can also save by booking back-to-back cruises with up to 50% off the second week. Check to see if the second week itinerary is identical to the first week. Some ships will do the Eastern Caribbean one week and then the Western Caribbean the second week, making a much more interesting voyage for you.

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The thing about cruise travel is that it is all inclusive. This includes all meals (and this can go on all day) entertainment, all kinds of lessons—take some dance lessons, they're fun—, bingo, high tea, sports activities even health and fitness. If you go to a hotel you pay extra for each of these activities and you have to find them and schedule them yourself.

For instance, I just spent a couple of days at a Resort in Boca Raton on business. To use any of the spa facilities you had to pay forty dollars per day and that was just for the steam and sauna rooms. Cruises give you a list of activities each and everyday so you can plan your day in advance. Carry this with you so you know what activities are planned for that day, what time they are scheduled, and where they are located. Be practical; don't try to do them all, you'll be exhausted.

There is so much to do there is no time to be bored. And then of course, you always have the option of sitting by one of the many pools and just relaxing. Here is what is not included in your cruise vacation:

- * Alcoholic Beverages
- * Beverages except coffee and tea
- * Beauty Salon and spa packages
- * Casino
- * Golf Simulator
- * Shore Excursions
- * Computer services
- * Bingo
- * Telephone Calls
- * Medical services (if not insured)

There are also activities that require a nominal fee such as wine tasting and some crafts. Port Charges and Government fees and some air taxes are not included but should be quoted to you by your travel agent and will be charged to your credit card when paying for the cruise.

To keep track of your spending on the newer ships there is interactive TV and you can keep on top of your ship board expenditures with just a one or two pushes of a button. If the cruise line you chose doesn't have that amenity, you can go to the purser's office and ask to see a copy of the bill to date.

I hope this has given you a glimpse into a cruise vacation. So, call your travel agent and get ready to Set Sail.

Happy Cruising!

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Why Everyone Can Enjoy The Cruise Travel Experience

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Cruise In The Caribbean With Caribbean Cruise Lines

By Louise Wasa

The weather is one of the most beloved features of the Caribbean Islands. You can expect to have the perfect weather here almost the year around. The best way to enjoy the Caribbean's lovely weather is to travel with a Caribbean Cruise Line.

Yes, you can always take a plane to the Caribbean if you are in a hurry. That is the quickest and probably the cheapest way to reach your island destination. If you want to combine transportation with leisure views of the islands from the ocean a Caribbean cruise is best. There is no better way to enjoy an island paradise than from the deck of a luxury cruise line ship. It also great to unpack once and still reach many destinations.

About two million persons take a Caribbean cruise line each year to enjoy the cruising, the beautiful beaches and a warm weather. The cruises are very popular also because of the activities and amenities that are available on board. Most of these ships cruises and make stops at various islands along the way and that gives you a chance to enjoy several aspects of the islands all for the price of one.

If you decide to take a Caribbean travel cruise you should take some time and plan ahead. Not only because of the price as a Caribbean cruise are on the expensive side compared with all inclusive and other packages. If you plan well and choose the right season you can get a great deal with many of the Caribbean cruise lines. For example, cabins may get fully booked months before the Caribbean travel cruise is scheduled to depart. If you want to make it your chosen cruise, you should book early. You can also work out the details of your own Caribbean travel cruise through an online travel agent.

On the internet you can check for several great cruise lines. For example, if you are taking a Caribbean cruise line with your kids, you should stick to the Disney cruise because if anything, this is guaranteed to have activities designed specifically for children. When traveling as a couple, then look for one of

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those romance-themed cruises that provide you with a quiet atmosphere, like the Princess cruise for instance. On the other hand, if you want to sail on board the most luxurious ships, then look to liners known for their top notch Caribbean travel cruise services, such as Crystal, Silver Sea or the new Queen Mary II.

Louise Wasa always writes about valuable news & reviews. A related resource is

<http://the-caribbean-cruiseline.info/>

Further information can be found at

<http://more-on-home.info>

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