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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Why I Love Cheesecake

By Stephen Whiteside

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What can be more soothing to the soul, tummy-filling and sociable than having a piece of cheesecake? These are just some of the reasons why I love cheesecake. Just thinking about cheesecake sets my mouth to watering for a big piece of the light, airy confection made with a graham cracker crust and smooth creamy vanilla filling, with a favorite topping of cherries or strawberries or blueberries or streusel – – – or you can choose for yourself if you like. Then you will know why I love cheesecake.

The first documented cheesecake was at an Olympic game in the seventh century in Greece. It then spread to other European countries and eventually made its way to North America when immigrants crossed the ocean to seek their fame and fortune. Little did they know that the recipe they brought with them would eventually launch a huge following of people who love cheesecake and would balloon into a multimillion-dollar industry across the world.

The decadent taste and texture of cheesecake belies the fact that it is fairly simple to make. Cheesecake lovers know that they can have this delightful delicacy anytime they want by stirring up a few basic ingredients including cream cheese, sugar and eggs, and then pouring it into a pie shell which can be made of graham cracker crumbs or other conventional pie crusts and baked.

So what's not to love about cheesecake? It can be eaten anytime of the day or night, it's easy to make and even easier to buy, it tastes divine, and on top of all this, it creates a feeling of well being that only comes from being good to yourself. So go ahead, eat and be jolly! Then you'll know why I love cheesecake!

Stephen Whiteside is the head cheesecake tester at
<http://cheesecake-express.com/imf/cheesecake.html>

Why cheesecakes make the perfect gift.

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Cheesecake makes a perfect gift. There are guidelines that should be followed when choosing the perfect gift. For one thing, the gift should be chosen specifically for a certain individual whose tastes are known to you. If you are not well acquainted with the recipient, you must give a general-type of gift that will not offend. Another guideline for choosing the perfect gift is that the gift must fit, and most important, if the recipient doesn't like the gift, it must be passed on to someone else.

Do you know anyone who doesn't like cheesecake and wouldn't consider it the perfect gift? For gift-giving occasions the ultimate gift is one that is adored and can be shared with others, and this makes cheesecake the perfect gift. Even if the recipient is on a low fat, no fat, no sugar or no carbs diet, cheesecake is the perfect gift because it can be made to adhere to almost any diet by carefully choosing the ingredients. In today's society there is almost no limit to the availability and variety of ingredients that go into a cheesecake.

Can you imagine the pleasure on the face of that special someone on whom you have bestowed a freshly made cheesecake? Add a few different toppings such as a variety of fruit toppings and streusels to adorn the cheesecake and you have created the perfect cheesecake gift. There are different varieties of cheesecakes such as the original New York cheesecake, which is probably the most well known of all the varieties.

Create a cheesecake in your own kitchen and present it in a special dish to a special person. When you see the pleasure on their face, you'll know that cheesecake makes the perfect gift.

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