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**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

**Woman Thou Art GREAT**

**By Lisa Bartley-Lacey**

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"Be not afraid of greatness,  
some are born great,  
some achieve greatness  
and others have greatness  
thrust upon them."

–William Shakespeare

You are GREAT!

No matter what aspersions have been cast upon you by either yourself or by others, you were born for GREATNESS. Greatness is within you Woman. It is true. Deep within every woman alive is the seed of the awareness of her queenhood. In her soul every woman knows that she is infinitely more than the prime cuts of meat that popular culture attempts to dissect females into. I know this because I live this. As a child I was never accepted. I was called ugly, useless, "black" & stupid. I was the offspring of a domestically violent household. My mother eventually escaped with my siblings and I to live on welfare and government cheese in Detroit City.

By 15 my virginity was stolen from me by a 24 year old child rapist. By 16 I was drinking and trying to forget myself. By 17 I was suicidal. By the age of 18 wounded by a difficult childhood and troubled teenaged years, I got pregnant with the first of my 3 children. I was a mess...yet there was GREATNESS within that mess. GREATNESS is within you too.

In order to be useful to you, I had to go through a process. This process was very painful. In this process I might have perished. It continues. This process is more commonly known as "life." My demise, however, though supported by this world, was not sanctioned by the Universe. By God I am still here. You could have died before reaching and reading these words, yet you are still here. We are here! We have arrived in this moment for a reason and with a divine Purpose.

When you learn...

Teach

When you get...

## Woman Thou Art GREAT

Give

–Maya Angelou, Our Grandmothers

When I was just a little brown baby girl hiding and cringing in the closet listening to my mama being beaten, GREATNESS was within me. When I was just a skinny little 15 year old Black girl in Detroit City being physically threatened, emotionally annihilated and spiritually devastated, GREATNESS was within me. I was a Queen, but I did not know it yet.

When I wallowed in despair weeping as a young adult in the wake of self–destruction and negativity, GREATNESS was within me but I did not know it yet. When I cried alone as a poverty stricken unwed teenaged mother, GREATNESS was within me but I did not know it yet. As I bore the weight of being a divorced single parent of three children thumbing through my food–stamps, GREATNESS was within

me but I did not know it yet. While lying up under benighted males in search of love and validation as a lost woman, GREATNESS was within me but I did not know it yet. As I walked across the stage to collect my BA then my MA degrees, thinking that they were legitimizing me, true GREATNESS was within me, I thought I knew but I did not know true GREATNESS yet. God knew it though. My Purpose is to proclaim the Creator's gift of GREATNESS within YOU as I reveal it within myself.

No one, no, nor no one million  
ones dare deny me God, I go forth  
alone, and stand as ten thousand.

–Maya Angelou, Our Grandmothers

I have suffered. You have suffered. Women have suffered uniquely in patriarchal society. With women of color, the double whammy of simultaneous sexism and racism can be particularly devastating. Let us consider the resultant GREATNESS of women who have gone through great trials and lessons. Everyone who has achieved any substantive modicum of greatness has suffered in one way or another. Our pain makes human. Overcoming our suffering through perseverance, grace, wisdom and determination exemplifies triumph over adversity. This is how we tap into the inexhaustible Source. Our suffering becomes our strength. This strength is our gift from the Creator to the rest of the world.

... All my life I have always known I was born to greatness.

–OPRAH WINFREY

It's time to reclaim your rightful inheritance. Ascend the throne beloved daughter of the most high God. Your prison is an illusion. Your smallness is a lie. God sent you here directly from Heaven. Woman thou art loosed. Woman thou art beautiful. Woman thou art loved. Woman thou art powerful. Woman thou art safe. Woman thou art successful. Woman thou art free...

Woman thou art GREAT!

LB Lacey, MA. is CEO of SOULutions for Dynamic Living, LLC, a holistic consulting service dedicated to providing products and services that support individuals in their intention to live dynamically and

effectively in the world. LB is a holistic (meaning "whole") modality based practitioner.  
www.mySOULution.com

## **Ten "Travel" Commandments**

**By Marli Davis**

- I. Thou shalt pack HALF the clothes you want.
- II. Thou shalt take TWICE the money you will need.
- III. Thou shalt pack an abundance of Patience.
- IV. Thou shalt NOT count calories, especially on cruises.
- V. Your extra large luggage shalt have wheels.
- VI. Thou shalt NOT feel guilty if you don't write and mail postcards until after you return home.
- VII. Thou shalt pack a little Caution.
- VIII. Thou shalt practice using your new camera BEFORE  
you depart on your vacation.
- IX. Thou shalt NOT pack uncomfortable shoes, no matter how attractive they might be.
- X. Thou shalt have wonderful experiences that will flow into wonderful memories!

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Now we can travel like pros ~

The Ten "Travel" Commandments TM are from our guidebook, LET'S TRAVEL LIKE PROS. For details, please check "What's New" at our web site.

ISBN 0-9728031-1-4 Trade Paper 48 pp. Only \$7.95 USD plus S&H. 8.25% sales tax in Texas. Easy to order online, by phone or by mail. All sales final. Discounts for bulk orders.

Marli Davis, M.A.S.S., has always felt that she was "born to travel." In keeping with this insatiable interest, she has traveled domestically and internationally, casually (i.e., camping) and traditionally.

Best of all, she can be packed and ready to go anywhere in the world in less than an hour! Here are

## Woman Thou Art GREAT

her secrets. Ms. Davis also brings to this effort many years of professional experience. In the world of academia, she was a university Adjunct Professor of English and, in the corporate world, a Senior Editor and Writer, QA Engineer, Team Leader of Training, Manager of Configuration Management, and Director of Quality.

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Ten "Travel" Commandments  
The 10 Bike Shop Customer Etiquette Commandments  
Don't Hold A Grudge Against Me!  
Be Exalted  
Trust

Hints for lovers  
The Art of Kissing  
Speaking in Tongues – explained!!  
Making money at online auctions  
The Ultimate guide to a Multi-Orgasmic Male



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