

This Free E-Book is brought to you by Natural-Aging.com.

100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Women's Guide To Having Fun And Looking Great For The Holidays

By Kenia Morales

Women's Guide To Having Fun And Looking Great For The Holidays

by: **Kenia Morales**

- Water glow; drink at least eight glasses of water to keep skin hydrated, and glowing.
- Clothing; avoid wearing oversize clothing, and keep it well pressed.
- Stand straight; it will help you look confident, slimmer and a couple of inches taller.
- Wear make up; but do not over do it.
- Healthy hair gloss; wash, and condition hair regularly; use anti- frizz hair products for instant luster.
- Maintain eye contact; look more confident and give others your undivided attention.
- Smile; " smile is an inexpensive way to change your looks." By Charles Gordy

Kenia Morales is the publisher of online magazine

<http://kpatra.com>

"For Every Aspect of Today's

Woman. Visit her site to find a variety of women related issues and topics" click here

<http://www.kpatra.com/keniascolumn.htm>

to find Kenia's little piece of heaven her inspirational column.

keniamorales@kpatra.com

How to Turn Tough Times Into Fun Times, A Daycare Guide: Planning for Holidays &

By Clairece Feagin

To make special occasions enjoyable for children,

1. keep celebrations simple and short;
2. plan child-centered, child-paced activities;
3. keep preparations simple;
4. begin preparations no earlier than one or two days before the event or holiday;
5. involve children in every aspect of preparations;
6. keep the agenda flexible.

Related Content:

[How to Turn Tough Times Into Fun Times, A Daycare Guide: Planning for Holidays & Is There Room In Your Closet For Women's Casual Shoes?](#)

[How to Handle Christmas Before it Handles You :\)](#)

[Where To Get Inexpensive Women's Clothing](#)

[Meeting I within YOU](#)

Read more Content at

Related Products:

[GET PAID TO SHOP AND ENJOY FREE HOLIDAYS! – By Avril Harper](#)

[Bread And Biscuit Baker's And Sugar-Boiler's Assistant](#)

[Tetris Game](#)

[COCKTAILS - How to Make and Enjoy them](#)

[Create Your Own Scrapbook at minimum cost.](#)

: A genuine resource center for Quality Ebooks and Softwares



This Free E-Book has been brought to you by Natural-Aging.com.

[100% Effective Natural Hormone Treatment](#)
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!