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You Get to Want What You Want

By Claudette Rowley

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Thanks, Claudette Rowley

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You Get to Want What You Want

"What's terrible is to pretend that the second-rate is first-rate. To pretend that you don't need love when you do; or you like your work when you know quite well you're capable of better." – Doris Lessing

When you tap into your inner voice and identify your vision, you bring to life your deepest longing. Your vision manifests the essence of you based on your truth, values, creativity, and authenticity. Putting yourself out into the world in this way can feel risky; the thought of that risk can easily block your from seeing your vision.

A vision can be small or large, and have an impact on your daily life or the big picture of your life. For example, a vision of the ideal day care situation for my baby forms in my mind as his birth grows closer. I'm counting on the vision of what I truly desire to assist in attracting the optimal child care

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situation. In the whole scheme of life, this is a smaller vision, yet no less important. And this "smaller" vision makes a direct impact on my ability to realize my far-reaching vision for my coaching business.

A vision that's compelling for you is often right at your fingertips. We all have an inkling of the vision we'd like to put into the world: the forgotten dream, the "ridiculous" idea, and the "unrealistic" business venture. You are born knowing what you want at your deepest core. After awhile, many of us begin to settle for what we think we're allowed to have. "Just okay" becomes good enough. "It's fine" becomes a way of life. The

parameters of our wanting become defined by what the saboteur and family, friends, or a significant other tell us we are allowed to have.

I was recently speaking with a client about this exact topic. Patrick related to me that at some point in his life, he just stopped dreaming. Caught up in the routine of daily life, he stopped thinking about his visions for the present and the future. At the end of our coaching session, I gave Patrick an exercise to take away and ponder. His task was to look at eight areas of his life: health, career, money, friends and family, fun and recreation, physical environment, and personal growth, and create a vision that he'd LOVE to be living for each one. During our next call, he revealed his visions to me. We discovered that he had equated vision with what he was willing to live with. I pushed him to tap into what he would really love to manifest in his life. **YOU GET TO WANT WHAT YOU WANT.** This is where vision is born.

Believe it or not, there is no "judge of desire" holding court to decide if your vision is legitimate or not. "Well, Bill's been a good boy and his want is modest, so he can pursue the career he's always wanted. The vision committee will allow his dream to come true. But Samantha—the committee doesn't believe that her business idea is a go. Too ambitious. Too risky. Who does she think she is?" Excavating your vision is an act of not only moving past internal barriers, but of claiming the authentic desires that are rightfully yours. In the process, you reclaim yourself.

Claudette Rowley, coach and author, helps professionals

identify and pursue their true purpose and calling in life.
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