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Your Job Interview Is Like A Blind Date

By Ann Baehr

Before you allow yourself to get pre-interview jitters, read this article. It will put things into perspective and give you the confidence to be yourself by realizing that the interview is a conversation between you and an interested person - the hiring manager.

You are off to a good start. You know a little about your date and your date knows a little about you. The description of your blind date seems to be too good to be true - a perfect vision of your ideal partner. They have the right physical attributes and personal qualities. Your matchmaking friends are even more excited than you because they're convinced you are perfect for one another. The date has been set. You can hardly wait!

The night arrives and you see your blind date walk through the door of the restaurant. So far so good. The introductions go very well. They are very attractive and have a great personality. They seem to like you too. You can sense each other's nerves, and are very careful about saying the wrong thing and turning each other off. After about fifteen minutes of slightly awkward conversation mostly dominated by your friends, your date, who by the way is a nurse, says, "So, I hear you're a successful pharmaceutical sales representative with one of the largest pharmaceutical companies in the country. That sounds so exciting. How did you get into pharmaceutical sales? You begin by talking about how you've always been interested in medicine, enjoy selling, and never saw yourself at a desk job. You explain how you joined the company when they launched one of the best selling nebulizers on the market. As you humbly mention that you grew your sales territory to rank as one of the highest in the country, the waitress interrupts to take your plates and asks if you'd like desert. Wow, the conversation just flowed. You even forgot you were on a date! Your date was so interested in what you had to say, and they responded so well to the great questions you asked them about their work and family. Your date can sense you are truly interested in them. In the first half hour, you both realized you have so much in common. Deep down inside you are praying they like you as much as you like them, and hope they aren't seeing anyone else. By the end of the night, it seems your date feels the same way. You both agree to a second date - this time alone!

Okay, let's rewind the tape. You're not in pharmaceutical sales yet. But, that is what you want to be. You've just graduated with a Bachelor's degree in Biochemistry with a concentration in Psychology.

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You've had your resume professionally developed and it's time to send it out. You scour all the job boards and classified ads, and talk to everyone in your personal network. Things are looking up. In less than two weeks, you have lined up four promising interviews.

So, if everything is going so well, why are you so nervous? Is it because you're afraid you are going to fail at making a great first impression? Take a deep breath. There is a way to overcome this fear — and you hold the key. Remember that blind date? What was the hardest part? That's right - it was the anticipation! Once you got there, everything went smoothly - especially when they asked you about your {future} job. Why did it go so well? Because it was about YOU! Know one knows you better than yourself, and that's who they want to get to know better — YOU. THEY WANT TO MEET YOU. THEY ALREADY LIKE YOU!

And therein lies the secret. The very fact that they have invited you for an interview means they have PRE-QUALIFIED YOU FOR THE JOB! Can you believe that? It's true! They are hoping that you are as

good in person and you are on paper. If you are, like your blind date, they're going to pray that you'll stop interviewing with other companies and accept their offer to join their company.

So how do you gain the confidence you need to overcome your interview jitters? First, believe in yourself. Know how talented and knowledgeable you are. Remember, your resume says you are - and that's why they want to meet YOU. Next, do your homework. Learn about the company. Ask genuine questions to show how interested you are in what their company does, why the position is available, what the position is about, and what the potential is to grow with the company. Volunteer to tell them what you know about their company, using it as a lead-in for a question you might have or save it as a response to a question they may have. Do not fail to ask questions! Do not wait until the end and say, "No, I think you answered all my questions (that were silently in my head!). BE PROACTIVE in the interview. As long as you know who you are and know something about them, you should have no problem hitting it off. If for some crazy reason they decide to offer the position to someone else, don't be discouraged. There are other fish in the sea. Think of it as a great experience and opportunity to practice your interviewing skills.

In summary, the interview is a meeting between two interested people. They already know about themselves. So, it's about YOU. They want to meet YOU. They want to get to know YOU. Just be yourself, be interesting, polite, and show your interest in them. If it is meant to be (hey, remember, you might not like them. Did you ever think about that?), you will be invited to a second interview or will be offered the position after the first meeting.

Best of Success!

Ann Baehr is a CPRW and President of Best Resumes of New York. Notable credentials include her former role as Second Vice President of NRWA and contribution to 25+ resume and cover letter sample books. To learn more visit

<http://www.e-bestresumes.com>

How a Blind Date Can Increase Your Psychic Abilities

By Stephanie Yeh

So how can a blind date increase your psychic abilities? It's probably not what you're thinking. We're not talking about having a few drinks with someone you've never met before. We're talking about developing your psychic abilities by deliberately shutting down one or more of your five senses.

Because we are such physical creatures, we have a tendency to use our five senses in everything we do. That's not a bad idea for driving, walking, or working on the computer, but if you want to increase your psychic or spirit abilities, using your five senses less will help.

That's where the blind date comes in. A blind date is where you blindfold yourself and have a buddy walk you around on a "date." Your buddy's job is to make sure that you're safe and you don't walk into anything or fall in a ditch. Your buddy is your guide and will lead you around, keeping you safe and upright.

Your part of this date is to extend your psychic abilities outward as your buddy walks you around. Sense what is around you. Do you sense a large object ahead or just open space? Sense what is behind and above you as well, since your psychic abilities will allow you to see in 360 degrees.

You might want to have your buddy walk you around for a while, in many directions until you no longer have a sense of where you are. Then spin slowly around and extend your spirit perceptions. Tell your buddy what you sense in each direction and have him or her tell you if you're right.

If you don't have a buddy to do this with, you can do it by yourself outside. Start in a relatively open space and just move slowly so you don't get hurt. Give a whole new meaning to the term "blind date," right?

Stephanie Yeh, co-founder of the Esoteric School of Shamanism and Magic (

<http://www.shamanschool.com>

), helps clients learn magical and shamanic techniques. Her current

project, a free teleconference series on a variety of magickal and shamanic topics with guest speakers, is designed to share information and promote interaction between people of varying spiritual practices.

articles@shamanschool.com

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