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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Your Kidney Function Really Matters: A Lighter Look at What You Need to Know to Prevent Adverse Drug Events

By Timothy McNamara, MD, MPH

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A serum creatinine test gives a physician or pharmacist an estimate of kidney function.

Why is that important?

As a result, patients with reduced kidney function often need LOWER doses of many medications.

So how does this all work?

So remember: 'kidneys no work...serum creatinine go UP'.

Where Age is in years, IBW is ideal body weight in kilograms, and SCr is serum creatinine in mg/dl.

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And, dead people have a creatinine clearance of about 0, depending on how healthy they are.

Everyone else falls somewhere in between.

Patients in the 20-40 range will typically require very large reductions in dose.

Here are the steps I recommend for everyone taking prescription or over-the-counter medications:

So, does this medication need any dosage adjustment in order to be safe for me?

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Could Your Dog or Cat Be at Risk for Kidney Disease?

By Bev Allen

Could Your Dog or Cat Be at Risk for Kidney Disease?

Catching an Illness at an Early Stage Is Your Best Strategy

What Is Kidney Disease?

There are two types of kidney disease:

What Are Its Symptoms?

- Loss of appetite
- Increased thirst
- Frequent urination or increased volume
- Poor hair coat

· Depression and/or vomiting

What You Can Do To Prevent Kidney Disease?

- Feeding the best quality dog or cat food you can
- Providing continual access to clean, fresh water
- Eliminating toxic materials from the home
- Maintaining a low stress lifestyle
- Regular veterinary care to detect potential problems as soon as possible

Bev Allen is CEO and Founder of

, which is devoted to the welfare of all animals. Her

first product is ThePetCheckup™—the at-home, early detection health screening kit for

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