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Your March 2003 Aromatic Horoscope

By Francoise Rapp

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Your March 2003 Aromatic Horoscope

Ready to brave the planets this month? Get a sneak peek at what challenges and opportunities are in store for you in March, and discover how the customized fragrances below will help you rise to the occasion. These fragrances were developed around the signature patterns of each astrological sign. Read the recipe corresponding to your sign and prepare it yourself. Or treat yourself to a unique indulgence and order your customized astro-fragrance recipe! So go ahead and indulge yourself, delight your senses and discover serenity!

To prepare your customized aromatherapy blend, pour the recommended essential oils into a 10-ml bottle and then fill with organic vegetable oil.

HAPPY BIRTHDAY PISCES!

You are entering a new phase in your life where you want to make changes. Is it a new lifestyle? A new hairdo? A new wardrobe? Dear Pisces, you are changing yourself for the better, and the planets support and boost your energy, making you THE one we all want to be!

The following aromatic blend uplifts your mood and emotions:

- * 8 drops of Grapefruit
- * 7 drops of Orange

Your March 2003 Aromatic Horoscope

* 7 drops of Mandarin

Anoint your solar plexus and abdomen. Pour a few drops into the palms of your hands and breathe deeply.

ARIES

Your life is moving very quickly and you'll have to make drastic, rapid choices concerning your work area. Follow your instincts, think fast, and stay grounded. Born a leader, we all know how much you like stimulation like this!

The following aromatic blend helps you stay grounded:

* 7 drops of Sandalwood

* 7 drops of Cedarwood

* 5 drops of Patchouli

Anoint your solar plexus and lower back. Pour a few drops into the palms of your hands and breathe deeply.

TAURUS

This month you are a social butterfly who will highlight many parties. It's a good time for networking, meeting new people, and enlarging your circle of friends—all of which will bring many positive outcomes into your life!

The following aromatic blend helps you connect with others:

* 8 drops of Grapefruit

* 6 drops of Lemon

* 6 drops of Rosemary

Anoint your solar plexus. Pour a few drops into the palms of your hands and breathe deeply.

GEMINI

Have you thought about making changes in your career that will allow you to pursue your true passion? This month supports all steps you may take toward a brand new future...so, dear Gemini, what do you truly love to do?

The following aromatic blend enhances mind clarity:

Your March 2003 Aromatic Horoscope

- * 6 drops of Peppermint
- * 5 drops of Basil

Anoint your third eye. Pour a few drops into the palms of your hands and breathe deeply.

LEO

When it comes to relationships and love, you may have felt like you've been driving on a bumpy road these last few years. Highs and lows touched your daily life to the point that you've almost gotten used to it. Fortunately this month the sky is clearing for you, dear Leo. You experience more certainty, commitments, and stability.

The following aromatic blend helps you stay grounded and certain regarding your choices:

- * 8 drops of Patchouli
- * 5 drops of Cedarwood
- * 3 drops of Rose

Anoint your heart chakra and lower back. Pour a few drops into the palms of your hands and breathe deeply.

CANCER

Your relationship sector is highlighted this month. How is it going with your partner? You may find yourself going through a deep evaluation of your present relationship and making appropriate choices. But keep your morale up...this is all for the best. Sensitive and shy about your emotions, you may speak up this time.

The following aromatic blend helps you soothe the heart and your emotions:

- * 7 drops of Sandalwood
- * 5 drops of Lavender
- * 2 drops of Rose

Anoint your heart chakra. Pour a few drops into the palms of your hands and breathe deeply.

VIRGO

Dear Virgo, set aside your office tasks and go have a little fun. This month is the time for you to meet your friends and socialize more. You will find yourself enjoying it and wanting even more! Your creativity is as high as ever! Take great advantage of this unique influence.

Your March 2003 Aromatic Horoscope

The following aromatic blend helps you connect with others:

- * 6 drops of Grapefruit
- * 6 drops of Rosemary
- * 3 drops of Basil

Anoint your solar plexus. Pour a few drops into the palms of your hands and breathe deeply.

LIBRA

Dear Libra, this month focuses on your health and fitness. Take care of your body: sign up at a gym, take yoga classes, meditate, eat healthily, etc. Enjoy and enhance your natural YOU! And why not try salsa dancing lessons?

The following aromatic blend helps you embody and appreciate your beautiful self!

- * 7 drops of Sandalwood
- * 5 drops of Ylang Ylang
- * 7 drops of Orange

Anoint your solar plexus and abdomen. Pour a few drops into the palms of your hands and breathe deeply.

SCORPIO

Dear Scorpio, we all want to be you this month...you're shining and sparkling with luck, love, and creativity! You thought love belonged to others but it doesn't. This month, you turn the tables and make it yours. Open your heart and just let your buoyant personality shine through!

The following aromatic blend helps you uplift your mood:

- * 7 drops of Orange
- * 5 drops of Patchouli
- * 2 drops of Rose

Anoint your solar plexus and heart. Pour a few drops into the palms of your hands and breathe deeply.

SAGITTARIUS

Your home is your main focus this month. Have you been considering moving? Remodeling? Redecorating? It's all yours...the stars are helping you create a new space for yourself that feels like the perfect nest for Spring.

Your March 2003 Aromatic Horoscope

The following aromatic blend helps you to be grounded in your projects, choices, and decisions:

- * 7 drops of Bay leaves
- * 5 drops of Cedarwood

Anoint your lower back. Pour a few drops into the palms of your hands and breathe deeply.

CAPRICORN

Mars is pushing you out of your safe net this month. Dare to show to the world who you truly are! Share your innate gifts with others and exude confidence and courage. You are truly amazing and you rock your way. It is YOUR time to be fully YOU! So go for it, dear Capricorn.

The following aromatic blend enhances your energy to move forward:

- * 6 drops of Bay leaves
- * 5 drops of Rosemary
- * 5 drops of Orange

Anoint your solar plexus. Pour a few drops into the palms of your hands and breathe deeply.

AQUARIUS

Your creativity is very high and you are beaming like a thunderbolt with ideas! Just keep an eye on your financial sector. You are not the most materialistic astro-sign but you will prove you can take care of your business this month.

The following aromatic blend helps you stay focused and grounded in your projects:

- * 8 drops of Cedarwood
- * 7 drops of Cypress
- * 7 drops of Sandalwood

Anoint your solar plexus and lower back. Pour a few drops into the palms of your hands and breathe deeply.

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Internationally renowned aromatherapist and alchemist Françoise Rapp shares her expertise each week in her free ezine, the Arom'Alchemy Newsletter. To subscribe, visit www.aromalchemy.com

Feng Shui Horoscopes

By Jakob Jelling

A great tool to help you find out more about yourself.

Chinese feng shui horoscope is based on twelve animals which represent you depending on the year you were born. Feng shui horoscope is an ancient reading of people's personalities and the influences which nature forces have on them. According to this, each year is represented by an animal and its characteristics.

Each one of us has a feng shui horoscope animal representing us according to the year in which we were born. Our personalities and the way we interact with others will vary according to this, since the way different animals interact will vary according to their nature. Each animal representing us is based on characteristics of the real animal which is applied to the human beings.

The twelve Chinese feng shui horoscope animals are: rat, ox, tiger, rabbit, dragon, snake, horse, goat, monkey, cock, dog and pig. Each one of these animals have a specific personality type, and you could find many of your own features reflected in the description of the animal which represents you, as well as you can find descriptions of the people who surround you through the animal representing them too.

Besides providing you with information regarding your inner being, feng shui horoscope tells you about with which other persons represented by their animals would you tend to have harmonic relationships

Your March 2003 Aromatic Horoscope

and with which others not. Some animals interact harmonically and some tend to have problems in their relationships.

The feng shui horoscope animals can be grouped as opposites. Each animal has an opposite and they are: rat is opposite to horse, ox opposite to goat, tiger opposite to monkey, rabbit opposite to cock, dragon opposite to dog, and snake opposite to pig. This does not mean that animals which are opposite could never have an harmonic relationship, but that they might tend to it.

Feng shui horoscope can provide you with a very interesting resource of knowledge about human behavior and their relationships. It is based on traditional knowledge, which has anciently been consulted in the oriental world. Therefore, feng shui horoscope is a very important resource to have into account at the time to learn about ourselves and the way we get along with others.

By Jakob Jelling

Jakob Jelling is the founder of

. Please visit his website and learn all the

feng shui tips you'll ever need!

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