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Your Monthly Aromatic Horoscope: April 2002

By Francoise Rapp

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Create your own unique aromatherapy blend developed especially around your monthly horoscope. Use these recipes to enjoy more energy, more laughter, and less stress this month. Each recipe should be made by pouring the oil essences into a 10-ml bottle, and then adding organic vegetable oil to fill.

HAPPY BIRTHDAY ARIES!

It's good time to evaluate and revamp your life. Finances are increasing, which brings confidence about your future.

- 5 drops Patchouli
- 4 drops Orange
- 4 drops Bergamot

How will this blend help you this month? It will bring much joy and confidence and make you feel grounded.

Anoint the solar plexus and abdomen. Pour a few drops into the palm of your hands and inhale deeply. Pour up to 10 drops into your warm bath water and soak for at least 15 minutes.

TAURUS

Take some time to pamper your body this month: get massages, exercise and eat foods that are good for you. Spring is in the air and it's a great time to show off!

- 5 drops Ylang Ylang
- 4 drops Grapefruit
- 4 drops Cardamom

How will this blend help you this month? It will make you feel sensual, in touch with yourself and your inner beauty.

Anoint the solar plexus and abdomen. Pour a few drops into the palm of your hands and inhale deeply. Pour up to 10 drops into your warm bath water and soak for at least 15 minutes.

GEMINI

You will find yourself assessing your friendships to weed out those that are not good for you. Heal your fears and move forward with your goals.

- 2 drops Roman Chamomile
- 4 drops Lavender
- 4 drops Marjoram

How will this blend help you this month? It will calm your fears, relax your nerves and support you to move forward.

Anoint the solar plexus. Pour a few drops into the palm of your hands and inhale deeply. Pour up to 10 drops into your warm bath water and soak for at least 15 minutes.

CANCER

Your career looks bright; opportunities may appear by mid-month. Spend time socializing and meeting new people. By the end of the month, retreat for a little while and spend time with loved ones.

- 4 drops Cedarwood
- 4 drops Bay Leaves
- 3 drops Lemon

How will this blend help you this month? It will support you toward your goals and boost your confidence and self-image.

Anoint the solar plexus. Pour a few drops into the palm of your hands and inhale deeply. Pour up to 10 drops into your warm bath water and soak for at least 15 minutes.

LEO

If you have opportunities to travel, don't pass them by! Stay centered and avoid getting too wrapped up in your relationships.

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- 5 drops Sandalwood
- 4 drops Dill

How will this blend help you this month? It will help clear your mind and emotions, providing insight and helping you find more joy.

Anoint the solar plexus. Pour a few drops into the palm of your hands and inhale deeply. Pour up to 10 drops into your warm bath water and soak for at least 15 minutes.

VIRGO

It is the perfect time to analyze your relationship and find clarity about your heart's desires. If you have opportunities in your career, it is time to make some changes!

- 4 drops Sage
- 3 drops Cypress

- 4 drops Lavender

How will this blend help you this month? It will help you to gain more wisdom about your inner desires and life perspective while maintaining balance.

Anoint the solar plexus and third eye. Pour a few drops into the palm of your hands and inhale deeply. Pour up to 10 drops into your warm bath water and soak for at least 15 minutes.

LIBRA

Expect to receive a lot of attention from friends and lovers this month. Establish boundaries and communicate what you do and do not want.

- 4 drops Cypress
- 4 drops Pine
- 2 drops Rose otto

How will this blend help you this month? It will support you to establish emotional boundaries and be true to your desires.

Anoint the heart chakra, solar plexus and abdomen. Pour a few drops into the palm of your hands and inhale deeply. Pour up to 10 drops into your warm bath water and soak for at least 15 minutes.

SCORPIO

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This month, pay more attention to what you have neglected and place high ambitions or projects on hold. You may be surprised by a financial reward.

–5 drops Sandalwood
–4 drops Cedarwood
–4 drops Patchouli

How will this blend help you this month? It will help you be grounded and centered throughout the month.

Anoint the solar plexus and sacrum. Pour a few drops into the palm of your hands and inhale deeply. Pour up to 10 drops into your warm bath water and soak for at least 15 minutes.

SAGITTARIUS

Be on time if you face deadlines at work and try to complete projects or important documents by the 13th. Your relationship will improve when you give the benefit of the doubt.

–4 drops Ylang Ylang
–4 drops Grapefruit
–5 drops Sandalwood

How will this blend help you this month? It will help boost and revive your emotions.

Anoint the abdomen and solar plexus. Pour a few drops into the palm of your hands and inhale deeply. Pour up to 10 drops into your warm bath water and soak for at least 15 minutes.

CAPRICORN

Delegate work to others and alleviate some work responsibilities. If you do not, you may become stressed and burned out. Be your true self – it is what impresses others the most.

–3 drops Jasmine otto
–5 drops Cedarwood
–5 drops Bergamot

How will this blend help you this month? It will help you relax, instilling euphoria and confidence.

Anoint the abdomen, solar plexus and heart chakra. Pour a few drops into the palm of your hands and inhale deeply. Pour up to 10 drops into your warm bath water and soak for at least 15 minutes.

AQUARIUS

You may be going through a life transition and it is time to take it easy and evaluate the positive outcomes from the situation. Be insightful about your relationship; someone who loves you is thinking about you dearly.

- 3 drops Rose otto
- 5 drops Marjoram
- 5 drops Lavender

How will this blend help you this month? It will help you to gain emotional equilibrium throughout the month.

Anoint the heart, the solar plexus, third eye and abdomen. Pour a few drops into the palm of your hands and inhale deeply. Pour up to 10 drops into your warm bath water and soak for at least 15 minutes.

PISCES

This month, think about budgeting and organizing your finances to improve your situation. Get inspired and boost your inherent creative side by reading, writing, etc. Quench your imagination's thirst for artistry!

- 2 drops Helycrisum
- 4 drops Lavender
- 5 drops Orange

How will this blend help you this month? It will help you to gain more creativity and boost your artistic imagination.

Anoint the third eye and the throat chakra. Pour a few drops into the palm of your hands and inhale deeply. Pour up to 10 drops into your warm bath water and soak for at least 15 minutes.

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To purchase or learn more about the essential oils in these blends, visit
<http://www.aromalchemy.com/aromatherapy/ouroils.html>

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In Good Health,
Francoise Rapp
<http://www.aromalchemy.com>

Internationally renowned aromatherapist and alchemist, Francoise Rapp, shares her expertise in using

essential oils to heal and revitalize body and mind at <http://www.aromalchemy.com>. Highlights include in-depth aromatherapy classes designed for working adults, pure & organic essential oils, recipes and aromatic treatments for health and wellness, and a free weekly newsletter. Discover the power of aromatherapy today at <http://www.aromalchemy.com>!

Internationally renowned aromatherapist and alchemist Françoise Rapp shares her expertise each week in her free ezine, the Arom'Alchemy Newsletter. To subscribe, visit www.aromalchemy.com/education.

Feng Shui Horoscopes

By Jakob Jelling

A great tool to help you find out more about yourself.

Chinese feng shui horoscope is based on twelve animals which represent you depending on the year you were born. Feng shui horoscope is an ancient reading of people's personalities and the influences which nature forces have on them. According to this, each year is represented by an animal and its characteristics.

Each one of us has a feng shui horoscope animal representing us according to the year in which we were born. Our personalities and the way we interact with others will vary according to this, since the way different animals interact will vary according to their nature. Each animal representing us is based on characteristics of the real animal which is applied to the human beings.

The twelve Chinese feng shui horoscope animals are: rat, ox, tiger, rabbit, dragon, snake, horse, goat, monkey, cock, dog and pig. Each one of these animals have a specific personality type, and you could find many of your own features reflected in the description of the animal which represents you, as well as you can find descriptions of the people who surround you through the animal representing them too.

Besides providing you with information regarding your inner being, feng shui horoscope tells you about with which other persons represented by their animals would you tend to have harmonic relationships and with which others not. Some animals interact harmonically and some tend to have problems in their relationships.

The feng shui horoscope animals can be grouped as opposites. Each animal has an opposite and they are: rat is opposite to horse, ox opposite to goat, tiger opposite to monkey, rabbit opposite to cock, dragon opposite to dog, and snake opposite to pig. This does not mean that animals which are opposite could never have an harmonic relationship, but that they might tend to it.

Feng shui horoscope can provide you with a very interesting resource of knowledge about human behavior and their relationships. It is based on traditional knowledge, which has anciently been consulted in the oriental world. Therefore, feng shui horoscope is a very important resource to have into account at the time to learn about ourselves and the way we get along with others.

By Jakob Jelling

Jakob Jelling is the founder of

. Please visit his website and learn all the

feng shui tips you'll ever need!

Feng Shui Horoscopes

Your May 2002 Aromatic Horoscope

Your Monthly Aromatic Horoscope: February 2002

Your Monthly Aromatic Horoscope: March 2002

Chinese Horoscope

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