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Your Monthly Aromatic Horoscope, January 2002

By Francoise Rapp

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Create your own unique aromatherapy blend developed especially around your monthly horoscope. Use these recipes to enjoy more energy, more laughter, and less stress this month. Each recipe should be made by pouring the oil essences into a 10-ml bottle, and then adding organic vegetable oil to fill.

HAPPY BIRTHDAY CAPRICORN!

Network and socialize this month...the more you do, the more you open yourself to new opportunities. The planets are supporting your growth throughout the month.

- 4 drops Peppermint
- 4 drops Orange
- 3 drops Rosemary

Anoint the throat, neck and shoulders. Pour a few drops into the palm of your hands and inhale deeply.

AQUARIUS

The New Year brings about a new you! You are now in charge to take action in your life. Your efforts and motivation will pay off very well!

- 5 drops Grapefruit
- 2 drops Jasmine Otto
- 3 drops Frankincense

Anoint the solar plexus and heart chakra. Pour a few drops into the palm of your hands and inhale deeply. Pour up to 10 drops into your warm bath water and soak for at least 15 minutes.

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PISCES

You have to put forth a little effort to see the results you expect. Be patient and consistent. Organize your life, solutions will appear and everything will clear up in all areas of your life!

- 6 drops Rosemary
- 3 drops Cypress
- 3 drops Cedarwood

Anoint the sacrum, solar plexus. Pour a few drops into the palm of your hands and inhale deeply. Pour

up to 10 drops into your warm bath water and soak for at least 15 minutes.

ARIES

Plan, prepare and focus on your goals. A lot can be accomplished in all areas of your life if you stay on track.

- 7 drops Bergamot
- 4 drops Orange
- 3 drops Frankincense

Anoint the solar plexus. Pour a few drops into the palm of your hands and inhale deeply. Pour up to 10 drops into your warm bath water and soak for at least 15 minutes.

TAURUS

Open your heart and relax! Love is surrounding you this month, but be open to it otherwise you may miss it. Be grateful for your friends and family who have always been there for you.

- 1 drop Rose Otto
- 3 drops Patchouli
- 3 drops Orange

Anoint the solar plexus and heart chakra. Pour a few drops into the palm of your hands and inhale deeply. Pour up to 10 drops into your warm bath water and soak for at least 15 minutes.

GEMINI

Finish up what you started last year. Avoid putting too much pressure on your shoulders...it will only lead to frustration and anger.

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- 2 drops Roman Chamomile
- 4 drops Lavender
- 4 drops Petitgrain

Anoint the solar plexus and abdomen. Pour a few drops into the palm of your hands and inhale deeply. Pour up to 10 drops into your warm bath water and soak for at least 15 minutes.

CANCER

This month is about evaluation and making the right choices. See clearly what does and does not fit your needs and wants...and move on. You have all the strength to clear any obstacles and be assertive about your future.

- 3 drops Cedarwood

- 3 drops Frankincense
- 5 drops Juniper

Anoint the solar plexus and third eye. Pour a few drops into the palm of your hands and inhale deeply. Pour up to 10 drops into your warm bath water and soak for at least 15 minutes.

LEO

You may have trouble making decisions this month. If you delay, you will certainly be left behind. Your attitude will determine the mood for the entire year, so be centered and focus on what's best for you.

- 3 drops Patchouli
- 3 drops Cinnamon
- 5 drops Sandalwood

Anoint the solar plexus and sacrum. Pour a few drops into the palm of your hands and inhale deeply. Pour up to 10 drops into your warm bath water and soak for at least 15 minutes.

VIRGO

Do not be too anxious if things do not work out the way you expected. Consistency and patience will lead toward success and financial rewards! You are on the right track, so keep moving forward!

- 4 drops Ginger
- 4 drops Grapefruit
- 2 drops Jasmine Otto

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Anoint the abdomen. Pour a few drops into the palm of your hands and inhale deeply. Pour up to 10 drops into your warm bath water and soak for at least 15 minutes.

LIBRA

You have a lot of projects that may seem overwhelming at times. Take it easy and tackle them one at a time. Focus your efforts to harvest the rewards. If you do not, you will feel frustrated and left behind.

–4 drops Peppermint

–3 drops Basil

–4 drops Grapefruit

Anoint the solar plexus. Pour a few drops into the palm of your hands and inhale deeply. Pour up to 10 drops into your warm bath water and soak for at least 15 minutes.

SCORPIO

This month is about defining your goals. Take it easy and slowly; everything will be fine. Focus on the

substance and content, not just on the outcome of your projects.

–4 drops Basil

–6 drops Orange

–3 drops Rosemary

Anoint the third eye, throat, neck and shoulders. Pour a few drops into the palm of your hands and inhale deeply. Pour up to 10 drops into your warm bath water and soak for at least 15 minutes.

SAGITTARIUS

Excitement and adventure are alive this month! Be ready for the roller coaster and enjoy a great ride! But stay alert and be ready to compromise as well...otherwise you will face chaos and discord.

–1 drop Jasmine Otto

–3 drops Cedarwood

–4 drops Marjoram

Anoint the solar plexus, sacrum and heart chakra. Pour a few drops into the palm of your hands and inhale deeply. Pour up to 10 drops into your warm bath water and soak for at least 15 minutes.

In Good Health,
Francoise Rapp

www.aromalchemy.com

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Feng Shui Horoscopes

By Jakob Jelling

A great tool to help you find out more about yourself.

Chinese feng shui horoscope is based on twelve animals which represent you depending on the year you were born. Feng shui horoscope is an ancient reading of people's personalities and the influences which nature forces have on them. According to this, each year is represented by an animal and its characteristics.

Each one of us has a feng shui horoscope animal representing us according to the year in which we were born. Our personalities and the way we interact with others will vary according to this, since the way different animals interact will vary according to their nature. Each animal representing us is based on characteristics of the real animal which is applied to the human beings.

The twelve Chinese feng shui horoscope animals are: rat, ox, tiger, rabbit, dragon, snake, horse, goat, monkey, cock, dog and pig. Each one of these animals have a specific personality type, and you could find many of your own features reflected in the description of the animal which represents you, as well as you can find descriptions of the people who surround you through the animal representing them too.

Besides providing you with information regarding your inner being, feng shui horoscope tells you about with which other persons represented by their animals would you tend to have harmonic relationships and with which others not. Some animals interact harmonically and some tend to have problems in their relationships.

The feng shui horoscope animals can be grouped as opposites. Each animal has an opposite and they are: rat is opposite to horse, ox opposite to goat, tiger opposite to monkey, rabbit opposite to cock, dragon opposite to dog, and snake opposite to pig. This does not mean that animals which are opposite could never have an harmonic relationship, but that they might tend to it.

Feng shui horoscope can provide you with a very interesting resource of knowledge about human behavior and their relationships. It is based on traditional knowledge, which has anciently been consulted in the oriental world. Therefore, feng shui horoscope is a very important resource to have

into account at the time to learn about ourselves and the way we get along with others.

By Jakob Jelling

Jakob Jelling is the founder of

. Please visit his website and learn all the

feng shui tips you'll ever need!

Feng Shui Horoscopes

The Chinese Year of the Tiger

The Chinese Year of the Pig

The Chinese Year of the Dog

The Chinese Year of the Goat

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