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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Your Wedding Theme

By Stephen Kreutzer

Whether it's a traditional, formal or off-the-beaten-track wedding, you're putting the whole event together yourself by planning its every phase. These days, with so much available on the Internet, it's easy! All you need is some time and a clear idea of the feeling you want to get across.

Start with a theme and you'll have a coherent image you can use throughout the entire wedding. You may be surprised, in fact, how potent just a word or concept can be, once applied as your marriage theme.

Love angels, for example? What could be more perfect than finding ways to incorporate angels in every phase of your wedding?

>From the flowers to the guest favors to the vows, you can find a way to carry out the theme through the entire event. Is it to be a casual wedding of two Renaissance types? The Renaissance theme is compatible with the wedding ritual, and makes for an unforgettable event.

Getting married on February the fourteenth? Hearts and flowers are perhaps the most traditional and best beloved of all wedding themes!

When you're planning your wedding, save time to choose the music with care. Get together with whoever is providing the music and talk about the right pieces for the two of you. There is nothing that sets the tone like music, and your wedding music will live in your memories for the rest of your lives.

The rings, the vows, the wardrobe...all the choices you must make to create an intimately personal expression of your love, are made so much easier by following a theme. But the idea behind it all is what counts.

You can choose one word to describe the spirit you wish to be your wedding, as if the coming together of two hearts creates a separate entity with one quality.

Your Wedding Theme

Is it joy? Is it contentment? Is it a giddy, bubbly, mirthful adoration? Pick a word or a phrase and keep it in mind. It'll tie everything together and make the experience more perfect. And your wedding theme can become a foundation throughout your marriage.

For your wedding.

For each other.

For your life.

Stephen Kreutzer is a freelance publisher based in Cupertino, California. He publishes articles and reports in various ezines and provides wedding tips on

<http://www.wedding-planner.info>

Every Bride Must Have It

By George Meszaros

Wedding favors are quickly becoming a trendy essential of the wedding celebration. Wedding favors are small gifts that are given to each guest at the wedding reception. It says, "thank you" for coming to our wedding and celebrating this most special day with us.

Wedding favors are becoming an important part of the wedding planning process. Before you make or purchase your wedding favors you have to determine the following:

1. How many people are invited to the wedding?

You need to know how many people are attending the wedding to determine the number of wedding favors needed. Wedding favors are usually bought after the RSVPs to make sure there are enough favors for each guest. Therefore, the favors are usually bought one month or closer to the actual wedding day.

2. What is your budget per guest?

You have to determine the budget for your wedding favors. You can buy some very nice wedding favors for about \$2–\$3. If you are crafty you can make your own favors, but most people leave it to the professionals and buy their favors.

3. What is your theme?

Your theme or wedding location or the time of the year can determine your wedding favors. For example, a beach wedding calls for a beach theme wedding favor such as a dolphin wine stopper, a

seashell candle, or a beach chair candle or cardholder.

Just like the bridal gown, wedding favors are a part of the bride's to do list. The decision on what favors to give to the guest should be made by the bride and groom. You can purchase inexpensive but useful wedding favors that will end up in someone's home not in trash can of your reception venue. An elegant wine stopper, a pretty candle, a shiny bottle opener, a personalized chocolate bar all have the power say to your guest "thank you" with style and elegance.

George Meszaros with

<http://www.sweet-reflections.com>



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