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**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

**Zodiac Gift Giving**

**By Lynda Filer**

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Aries

March 21 – April 19

Ruled by Mars

Element: Fire

Motto: I am

Color: Red

Gem: Ruby, Garnet, Bloodstone, and Diamond

Aries loves being first, anything unusual and likely to make them stand out from the pack is going to be appreciated. This is the sign of the daredevil, they are in a hurry to get everywhere and set the world on fire. Aries rules the Head.

For women hair accessories, ear-rings, sunglasses and stylish organizers are going to be popular. For the men gadgety "toys" will win their approval as will anything that confirms his status as an action man. Tickets to a sporting event are also likely to be popular with the Aries male.

Taurus

April 20 – May 20

Ruled by Venus

Element: Earth

Motto: I have

Color: Blue, Green, and Pink

Gem: Sapphire, Emerald, Jade, and Opal

Taurus knows how to appreciate the finer things in life. Comfort features largely in the Taurus home and any gift that allows them to wallow in luxury will go over well.

Taurus rules the throat and vocal cords so music will always make a popular gift. A hamper full of tempting and delicious delicacies will also win you their approval. For women necklaces would be suitable. For either sex gifts that allow them to express their own creative natures would be

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appreciated.

### Gemini

May 21 – June 20

Ruled by Mercury

Element: Air

Motto: I think

Colors: Yellow, Green, and Silver

Gem: Aquamarine, Jade, and Topaz

Gemini rules the mind and these people are usually driven to investigate and discover everything they come across. You could almost argue that there needs to be two of them to cover all the ground they

do.

As they are always on the go, travel accessories would be popular with both sexes. Interesting and informative books and videos should also be well received. Their ruler Mercury is the planet of communication so telephone and Internet accessories are likely to be popular as well.

### Cancer

June 21 – July 22

Ruled by the Moon

Element: Water

Motto: I feel

Colors: Pale Blue, Silver, Pearl, and White

Gem: Emerald, Cat's Eye, Pearl, and Moonstone

Ruled by the Moon, Cancerians are very attached to their family and their homes. They tend to be very close to their mother or estranged from them. There tends to be no real middle ground with them in this area.

Cancer loves to be pampered and coddled. Hand made and personal gifts that show that you really have gone out of your way to pick something just for them will win you lots of points here. Food and cooking are usually popular with both sexes so a hamper packed with their favorites would be appreciated. Backing this up by whisking them away for a romantic picnic or a weekend away will go over incredibly well.

### Leo

July 23 – August 22

Ruled by the Sun

Element: Fire

Motto: I will

Color: Gold, Red, Yellow, and Orange

Gem: Amber, Topaz, Ruby, and Diamond

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Leos quite naturally think of themselves as the King and Queen of their personal jungles. They are often rather dramatic and are likely to have a following of loyal friends who appreciate their rather regal charms.

Anything that helps them stand out from the crowd will please both the lions and lionesses. Just make sure it is quality and you will have a big old pussycat on your hands here. Fine champagne, gourmet cheeses and chocolates would be appropriate, as would gold jewelry. Vouchers for a massage, facial or manicure will also be well received.

### Virgo

August 24 – September 23

Ruled by Mercury

Element: Earth

Motto: I analyze

Color: Gray, Beige, and Navy Blue

Gem: Jade, Jasper, and Platinum

Virgos are the most practical sign of the zodiac and are likely to appreciate gifts that they can use and that help to keep their life in order.

A leather briefcase or Filofax would make good presents. Gift certificates for a facial or manicure would also be well appreciated. Books are likely to be well accepted by both sexes although you may be better off buying non-fiction as opposed to fiction.

### Libra

September 24 – October 23

Ruled by Venus

Element: Air

Motto: I balance

Color: Royal Blue, Amethyst, and Yellow

Gem: Opal, Lapis Lazuli, Emerald, and Jade

Ruled by Venus the planet of love and beauty you can't go wrong by buying gifts that reflect an inner peace and harmony. This sign more than any other strives to create a balance in its life and needs harmony and peaceful surroundings to help them leave the sometimes too hectic world behind.

Elegant and tasteful knickknacks for around the home would be appropriate, most particularly in pairs. Two beautiful candle stick holders; silver photo frames or twin book holders will delight women born under this sign. An elegant watch or dinner at an exclusive restaurant will appeal to both sexes, as would a basket of gourmet goodies.

### Scorpio

October 24 – November 22

Ruled by Pluto

Element: Water

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Motto: I desire

Color: Red, Maroon, and Black

Gem: Ruby, Garnet, Bloodstone, and Topaz

Dark and mysterious Scorpio more than any other sign inspire fear in the other signs and with good cause. A good and loyal friend they will never forget a kindness but they also find it next to impossible to forgive an injury.

For either sex dark sunglasses to conceal just who or what they are looking at while they are about and about would be appropriate. Known for their passionate, sensuous side; in a close relationship, intimate lingerie as long as it is expensive and classy will also be well received. Scorpio also likes to know things – all things, so books and videos on unusual and little known but interesting subjects are likely to appeal.

Sagittarius

November 23 – December 21

Ruled by Jupiter

Element: Fire

Motto: I see

Color: Purple, Violet

Gem: Turquoise Sapphire, Amethyst, and Diamond

Ruled by Jupiter, Sagittarians are usually the clown princes of the zodiac. They love to travel and hate to be tied down. They are also likely to be quite sporty and active.

Travel equipment or books and videos on travel to different exotic places will appeal to this sign. They are also likely to be quite interested in sport. Exercise equipment or gym membership will also be well received. This sign can also be prone to accidents, so a traveling medical kit would also be quite appropriate.

Capricorn

December 22 – January 20

Ruled by Saturn

Element: Earth

Motto: I use

Color: Dark Blue, Indigo

Gem: Onyx, Obsidian, Jet and Garnet

Capricorn has an appreciation for history and tradition. They like things to be done in the correct manner. They Are consistent and conscientious workers.

Antiques will be well received and a welcome present for a Capricorn. Anything that has a stamp of class and good breeding on it will also be appreciated. Gifts should be practical as well as beautiful.

Aquarius

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January 21 – February 19

Ruled by Uranus

Element: Air

Motto: I know

Color: Blue

Gem: Amber Amethyst, Garnet

Aquarians are known for being "out there". They are unusual and individualistic and are often surrounded by friends. This sign can come across as a little impersonal at times as they often feel more content within a crowd of friends than in a one on one relationship.

Anything unusual and one of a kind will please the Aquarian in your life. They are likely to be into new age therapies so you may try your luck with a gift certificate for aromatherapy. Astronomy is usually very popular with Aquarians so telescopes are likely to be a very popular gift. To really impress an Aquarian you could have a star named after them.

Pisces

February 20 – March 20

Ruled by Neptune

Element: Water

Motto: I believe

Color: Sea Green and Aqua

Gem: Sapphire, Amethyst, and Coral

Pisces are usually the softer, dreamy types and anything romantic or sentimental will appeal to them immensely.

Photographic equipment and frames would make good gifts for the Pisces. Luxury bath oils and scents will appeal to the women as will perfume. Water accessories for surfing, diving or swimming should be well received. Pisces often have some musical talent as well so music and or musical equipment are likely to be a good choice.

Lynda Filler lives in sunny Brisbane, Australia and is the webmaster and owner of Astrological Knowledge (<http://www.astrologicalknowledge.com>) and Scullywag Design and Hosting (<http://www.scullywag.com>).

### **30th Birthday Gift Ideas**

**By Siwarin Eampun**

Choosing a birthday gift for a friend about to turn thirty years old can be a challenging task. You want to honor the special day with a unique gift, but not necessarily draw attention to their age. After all, thirty is the pivotal year of life when we transition from young adults to full-fledged grownups. Make your loved one feel their best on their big day by choosing a gift that focuses on the beginning of his or

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her life, not the number of years that have passed.

If you want to give a truly personal gift, you cannot go wrong with a birthstone— a gift idea that dates back to Biblical times. Birthstones and zodiac stones are great gifts that hold deep significance and will be treasured for years. When making your purchase, be sure to keep in mind the type and size of jewelry the person wears most often, as well as whether she prefers gold or silver. This way, you can embed her birthstone, for instance a pearl for a June birthday, in a setting that will be adored.

Birthstones are also stunning when mounted in watches, brooches, and hairpins for those who rarely wear rings or necklaces. If you are shopping for a man, he may prefer a pocket watch or specialty ink pen imbedded with his birthstone to jewelry. Following, is a list of birthstones: January — Garnet February — Light Purple Amethyst March — Blue/Green Aquamarine April — Diamond May — Emerald June — Pearl July — Ruby August — Light Green Peridot September — Blue Sapphire October — Multi-Color Opal November — Golden Topaz December — Turquoise or Blue Zircon

Some people have a special interest or belief in their astrological information. If this is the case with your friend, consider giving him or her a physical symbol of the zodiac and of your love with a zodiac stone gift, sometimes called Astral Stones. As with the birthstone tradition, a gemstone is assigned to each of the twelve zodiac signs. If your friend is a Cancer, for instance, he or she will cherish an emerald and its professed abilities to increase courage and health. When presenting a zodiac stone gift, include a description of the gem's astrological significance and origins. Following is a list of zodiac stones: Aquarius — Garnet Pisces — Amethyst, Aquamarine Aries — Bloodstone Taurus — Sapphire Gemini — Agate, Alexandrite Cancer — Emerald Leo — Onyx, Peridot Virgo — Carnelian

Libra — Opal Scorpio — Beryl Sagittarius — Topaz Capricorn — Ruby

Whether you purchase a birthstone or a zodiac gemstone, you'll honor your friend's thirtieth birthday in a distinctive, personal, and memorable way.

Siwarin Eampun – Jewelry Designer at

30th Birthday Gift Ideas

The story of the 12 animals zodiac in China

Unique Wedding Gift Ideas

Why cheesecakes make the perfect gift.

Why Gift Gift Basket

Dream Psychology

Wonderful Wedding Favors and Wedding Gifts

Traffic Boost News Ticker

The Ultimate guide to a Multi-Orgasmic Male

How to keep up the SPICE in your Love Life.



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